

Cellé Frédéric

15 rue Georges Jacquet
38 000 GRENOBLE

Born on June 10th, 1976
in Libreville (GABON)
French

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TRAINING

1993-1996 Conservatoire National Supérieur de Danse de Lyon (1^{er} prix)
Contemporary dance

CHOREOGRAPHICAL ARTIST

- 1996 Les carnets Bagouet** - Dominique Bagouet (Ireland Theater)
→ *Désert d'amour*
Compagnie Pour un soir - Marie Coquil (Brest)
→ *Une robe de fête*
- 1997 Compagnie la Camionetta** – H. Catala et F. Ramalingom (Montpellier)
→ *Précipité*
Compagnie Fanfare Blême- Nathalie Colantès (Paris)
→ *La passe du soleil*
- 1998 Compagnie la Camionetta**
→ *Oui and Si j'étais toi*
- 1999 Compagnie Propos** - Denis Plassard (Lyon)
→ *Onde de choc*
- 2000 Compagnie Velvet** - Joanne Leighton (Bruxelles)
→ *The siege of Namur*
- 2001 Compagnie Gambit**- Dominique Guilhaudin (Chambéry)
→ *Petit monde*
→ Denis Plassard's assistant for the remake of *Onde de Choc*
- 2002 Compagnie Propos** - Denis Plassard (Lyon)
→ *L.O.U.P*
Compagnie Beau Geste – Dominique Boivin
→ *Welcomédiemusical.com* (Choreography Event)
Compagnie Vivid Danse - Isira Makuloluwe (Roanne)
→ *Sundareyeya*
- 2003 Compagnie Sylvie Guillermin** - Sylvie Guillermin (Grenoble)
→ *Chant de course*
- 2004 Compagnie Gambit**- Dominique Guilhaudin (Chambéry)
→ *Des nouvelles de ...*
- 2005 Compagnie Gambit**- Dominique Guilhaudin (Chambéry)
→ *Toi*

FREDERIC CELLE - CHOREOGRAPHER

From his thirst of Freedom, Frédéric Cellé gets the quintessence of his art, a dance focused on his wild imagination. From Africa where he was born, he kept the heat, the colors, and feelings always on the verge of explosion. In order to fight his demons, he built moves based on symbols, at the same time sensual, light and aerial, sometimes chaotic and sometimes violent. His work builds on the body language intelligence, and offers a dance that is intoxicating and human.

Choreographer for the company he funded in 2002, Le Grand Jeté !

- 2002** → **2 fois oui**, solo
- 2003** → **Chimère**, trio
accueil- studio, Marseille national Ballet
- 2004** → **L'air de rien**, quintet
Coproductio n La Rampe – Echirolles
- 2005** → **Encore une fois**, duo
Coproductio n L'arc, scène nationale du Creusot
→ **Fugue pour un seul homme**, solo
- 2006** → **Poursuites**, sextet
Coproductio n L'arc, scène nationale du Creusot
- 2007** → **Lâches !** sextet
Ballet de l'Opéra National du Rhin – CCN – Accueil studio
CCN - Ballet National de Lorraine – Accueil studio
- 2007** → **Le petit monde de Solange**, solo for young audience - 30 minutes
Creation in december at L'arc, scène nationale du Creusot
2 formulas : on stage and in schools
- 2008** → **D'être en solitude**, male solo - 21 minutes
accueil studio at the Nantes CCN
Creation at the L'étoile du Nord theater-Paris June 5th, 6th, and 7th, 2008
- 2008** → **Et si...**, male/female duet - 40 minutes
accueil studio at the Nantes CCN
Creation at L'arc, scène nationale du Creusot the 4th and 5th of December 2008
- 2006-2008** Residence association at L'arc, scène nationale du Creusot and company tasked by the Saône et Loire Conseil Général for dance Awareness.

GUEST CHOREOGRAPHER

- 2004** → **A cran**, boy trio for the Album Compagnie – Cathy Cambet
- 2007 – 2008** → Remake of the **Encore une fois** duet for the Jeune Ballet of the Lyon CNSM

FREDERIC CELLE – TEACHING

Classes taught by Frederic Cellé always start with a period of stretching, position and alignment of the body. This is followed by exercises to develop technique, through construction of the body and reinforcement of the spine, as well as weight relaxation and fluidity of movement. The class is mainly focused around a fluid and powerful energy, encouraging the revival of deep muscles. Influenced by various techniques encountered during his career, Frédéric Cellé warm ups are accompanied by varied music to facilitate freedom of expression.

In Rhône Alpes :

- **At the Grenoble CCN:** regular classes
- **At the Lyon CNSM :** lessons and master classes
- **With the Rampe-Echirolles :** Elementary classes of Echirolles, Grenoble IUFM, Saint Martin d'Hères EDUG, instructor's class, IME Les écureuils class
- **With the CCN Gallotta :** workshop at Lycée Stendhal option danse of Grenoble
- **With the Domaine Universitaire de Villeurbanne :** Training and workshops for the INSA
- **Grenoble CNR,** workshops for youth 8 to 16 years old

In Bourgogne :

- **With the residency at L'arc :** Workshop for amateur adults, Workshop for parents /children, Workshop for elementary classes, PAC classes for middle schools and high schools, ...
- **In Saône et Loire, with the residency on the territory,** all year long, with : Chalon sur Saône CNR, Ecole Municipale de Danse et de Musique du Creusot, U.F.R. staps students, 10th, 11th, 12th grades from Chalon-sur-Saône Ponthus de Tyard high school, Ecole de danse Carole Cantat from Montceau-les-Mines, Ecole de Danse Expression from Tournus, Ecole de Danse « Entre cour et jardin » from Mâcon, Ecole de Danse Christelle Comte from Le Creusot, Ecole de Danse Patricia Combe from Nevers, workshops for the city of Pierre de Bresse
- **Creation for the danse teachers of the Bourgogne region** in April 2008

Additional activities

Frédéric Cellé offers a number of activities and events for the public: **Workshops for youths and adults, amateurs and professionals, workshops parents/children, or also « modern balls », « Improvised choreographies », improvisation, demonstrations, public rehearsals.**

Developing one's own movement, one's own way of moving and evolving in space, working on the notion of time, weight, space and rhythm, in a solo, duet, or trio through individual or collective games, while leaving enough room for the participants to emerge from their own choreographical musicality and their imagination, so many preludes to a living dance !